



2025 ANNUAL REPORT

90 Years of Showing Up
And We're Just Getting Started



PRESIDENT'S LETTER

Dear Friends,

There are moments when you can feel a shift happening, not all at once, but steadily, in the quiet ways that matter most.

This has been one of those years.

Across Delphi Rise, I have seen what is possible when we stay rooted in who we are while continuing to grow into what our community needs us to become. We have expanded where and how we show up—stepping into shelters, into community spaces, into places where trust already exists, and building from there. We have created new pathways for young people to feel connected and valued, especially in communities where too many feel unseen. And we have continued to strengthen the relationships that sit at the center of everything we do.

At its core, this work has always been about human connection. About creating spaces where people feel seen, valued, and supported, especially in moments when life feels hardest. Every day, we witness the strength of individuals seeking hope, healing, and stability, alongside a community that continues to show up with compassion, generosity, and a belief that everyone deserves to belong.

It takes all of us.



It takes staff who lead with compassion and show up every day ready to meet people where they are. It takes partners who trust us enough to build alongside us. It takes funders who believe in work that does not always fit neatly into a box. It takes community members who remind us why this matters and who keep us grounded in what is real.

And it takes a shared belief that no one gets there alone. As we look ahead, we know the landscape is shifting. Systems are becoming more complex. Barriers are not disappearing. In many ways, they are growing. But so is our resolve.

We will continue to go where we are needed.
We will continue to listen before we act.
We will continue to build relationships that make real change possible.

Because we are not just responding to need. We are helping shape what comes next.

There is hope for a better tomorrow. We see it every day in the people we serve, in the strength of this community, and in the quiet, powerful moments of connection that move everything forward.

We are grateful to be doing this work alongside you.

Together, we Rise.



Jen Cathy
President & CEO



My Success Story

By Gary Coleman



I was born and raised in the inner city of Rochester, where life was not always easy. Growing up as an only child, my home life was often toxic because my father struggled with alcoholism. Despite the chaos that addiction brought into our household, my mother remained a loving and faithful woman who did everything she could to raise me the right way. She worked hard, sacrificed for me, and tried her best to protect me from the pain around us. Looking back now, I realize how much strength and love she carried every single day.

As I got older, I began searching for acceptance outside of my home. I turned to the streets because I wanted to fit in and feel like I belonged.

Unfortunately, that search for acceptance led me down a destructive path. I started drinking alcohol and using drugs at a young age, believing it would help me connect with others and escape my problems. Instead, my addiction slowly took control of my life. My choices eventually led me into trouble with the law and resulted in numerous periods of incarceration. After serving four state prison bids, I felt hopeless and lost. I knew that if I continued living the same way, my future would either be prison or death.

Everything began to change when I finally surrendered to my Higher Power and accepted that I could not recover alone. My recovery journey started when I came to Delphi Rise Open Access with a willingness to take life one day at a time. That simple willingness became the foundation for a completely new life.



I committed myself to recovery by attending an inpatient treatment program, completing a 90-day program, and later moving into a halfway house. Each step helped me rebuild my confidence, my character, and my sense of purpose.

When I returned to Delphi Rise for outpatient services, I met two incredible counselors who truly changed my life. They helped me see something in myself that I had never fully believed before – that I was worthy of living, healing, and becoming something greater than my past. Their guidance gave me hope and motivated me to continue growing.

After completing treatment, I discovered a passion for helping others who struggled with addiction and incarceration, just like I once had. I enrolled in Recovery Coach University and the Academy of Peer Services, where I earned my CARC, CRPA, and CPS-P certifications. I was also granted a Certificate of Good Conduct and Rehabilitation, something I once believed would never be possible for someone with my background.

Today, I work as a Peer Advocate with the Delphi Rise Open Access Program and with Helio Health helping individuals in substance abuse treatment. Many of my family relationships have been restored, and I now have a strong and loving relationship with my three children. In September, I will begin working toward my CASAC certification through the National Council on Alcoholism and Drug Dependence - Rochester Area Addiction Counseling Credential Training Program to become an Addiction Counselor.

Today, I am grateful for every lesson, every struggle, and every person who believed in me. My journey has taught me that recovery is possible, change is real, and no one is beyond redemption. I am proud to say that I am now a better man, a better father, and someone who finally has hope for the future.



Chosen to Lead Two New York State Pilot Initiatives

This work is about removing barriers and building connection.

Too many individuals are forced to navigate systems that feel overwhelming, inaccessible, or out of reach. Too many young people are searching for belonging, support, and spaces where they feel seen and valued.

This year, Delphi Rise was selected for two highly competitive New York State pilot initiatives designed to help change that.

Through In-Community Clinical Services, we are bringing addiction treatment directly into trusted community settings.

Through Youth Safe Spaces, we are creating belonging-centered spaces where rural youth feel connected, supported, and heard.



Our Community Rallies Around 24/7 Open Access

This work is about people.

People who walk through our doors carrying more than anyone should have to carry. People searching not just for services, but for connection, dignity, and a place where they feel seen.

When unexpected funding cuts threatened the future of Open Access, our community mobilized. Monroe County, partners, supporters, and advocates came together because they understood

what was at stake: a place where people can walk in at any hour and be met with compassion, safety, and immediate support.

It takes all of us. And this year, our community showed exactly what that means.

4th Annual Tom Gordon Memorial Golf Tournament



The Tom Gordon Memorial Golf Tournament continues to bring together community members and supporters in honor of Tom Gordon’s legacy and Delphi Rise’s mission. In 2025, the tournament raised \$10,000 to support critical programs and services for individuals and families impacted by substance use and mental health challenges. Thank you to everyone who helped make this year’s event a success!

More Than a Pantry: This Work is About Community

What began as a pantry grew into a welcoming community space where people found food, connection, support, and a place to turn during difficult times. As the program continued to grow, so did the partnerships surrounding it, including a new partnership with Foodlink that helped expand access to nutritious food and strengthen the program for the future.



Our First Annual Gala: A Night to Rise



For nearly 90 years, people across this community have stood beside Delphi Rise because they believe in compassion, connection, and the power of showing up for one another. This year, that spirit came to life in a new way through our very first Night to Rise.

The overwhelming support, energy, and turnout reminded us that this work belongs to all of us, and that when a community comes together with purpose and heart, incredible things can happen.

DELPHI RISE SAVES LIVES



3,023

visits to our
24/7 Open
Access Clinic

5,023

educational
lessons helping
students build
the skills to
make safe,
healthy
decisions

326

people returning from
incarceration
supported in building
stronger futures

1,213

bags of food,
clothing, and
hygiene items
provided with
dignity and care

718

community
members
trained to
recognize and
respond when
mental health
support is
needed

5,138

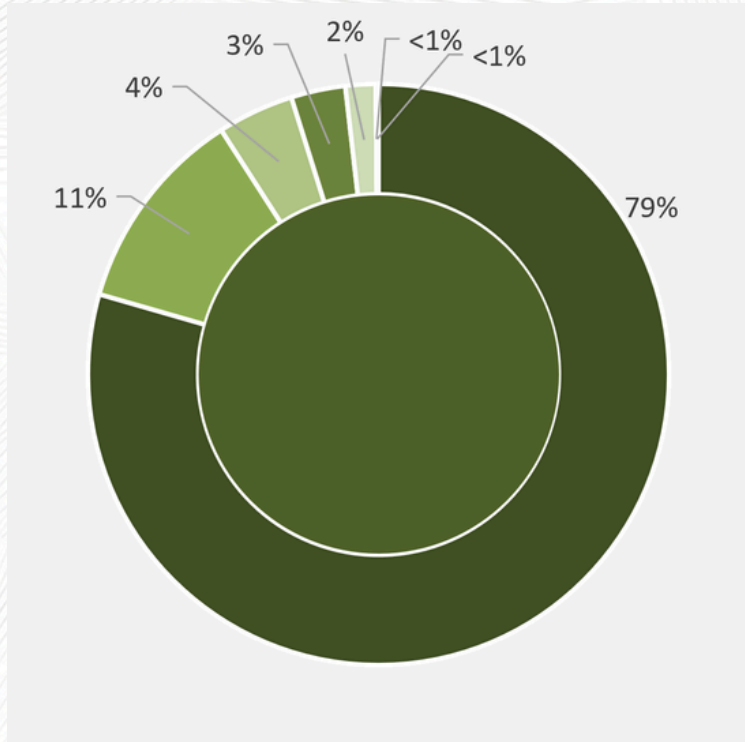
individuals and
families found
support, connection,
and care through
Delphi Rise

63

families
supported in
finding and
keeping a place
to call home

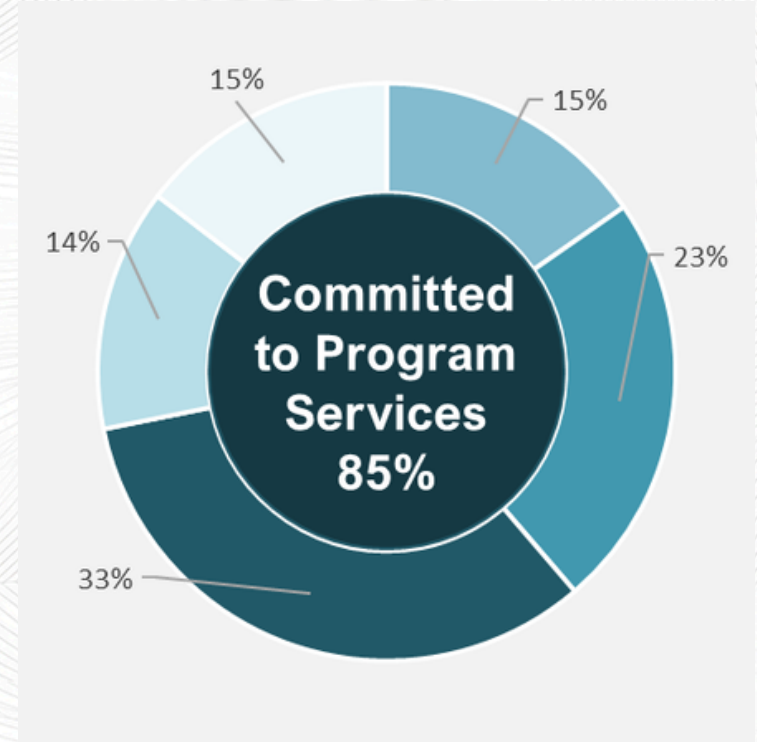
2025 FINANCIALS

Revenue



Government Grants & Contracts	\$ 4,753,908	79%
Fee-For-Service	684,720	11
Foundation Funding	254,192	4
Investment Income	180,984	3
Contributions & Donations	100,638	2
Miscellaneous	8,513	<1
In-Kind Donations	--	<1
Total Support & Revenue	\$ 5,982,955	100%

Expenses



Care Services	\$ 2,150,412	33%
Counseling & Prevention	1,518,258	23
Outpatient	994,507	15
Open Access Clinic	882,632	14
Management & General	945,660	15
Total Expenses	\$ 6,491,469	100%

OFFICERS

CHAIR: Zahira M. Jimenez
HR Director, East House Corporation

VICE-CHAIR: Tomicka Madison, MBA
Community Memeber

TREASURER: Milagros Concepcion
Associate Vice President, Controller & Assistant
Treasurer RIT

SECRETARY: Laura Sugarwala, MBA, RDN
Director of Community Health Partnerships
Center for Community Health & Prevention - U of R
Medical Center

IMMEDIATE PAST CHAIR: Jennifer Sahrle, M.ED,
SHRM-SCP, PMP, LSSGB.
Executive Director, St. Joseph's Neighborhood Center

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Director of Recruitment & Workforce Development
and Sergeant, Rochester Police Department

Asia Constantine
Lead Programmer at Avangrid, Founder of
empowerONETech

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Vice President- Business Banking Officer
Canandaigua National Bank & Trust Company

Karl Kolkmann, Esq
Associate Attorney, Lacy Katzen LLP

Nick LaPenna
Managing Director, Trident Wealth Management

Tiffany Owens
Interim President and CEO
Urban League of Rochester

Debbie Peterson
Vice President Digital Strategy, Experience, and
Delivery
Excellus BlueCross BlueShield

John Schinski, CPA
Junior Controller, Natural Upcycling LLC

Heather Shelley, MOL
Senior Director of Operations, Department of Surgery
Addictions Therapist, University of Rochester Medical
Center

Karla Weidman
Licensed Creative Arts Therapist, Credentialed
Alcoholism and Substance Abuse Counselor, and
Perinatal Mental Health-Certified professional

Matthew Zager
Director of Advancement, Eastman School of Music
University of Rochester

SENIOR LEADERSHIP TEAM



**JENNIFER
CATHY**
PRESIDENT & CEO



**ERIKA
DEJESUS**
HR GENERALIST



**MIRIAH
DEJESUS**
EXECUTIVE ASSISTANT TO
THE PRESIDENT & CEO



**NIKKIA
DENNIS**
COMPLIANCE DIRECTOR



**KATIE
DISALVO**
PREVENTION DIRECTOR



**TONI
HEIM**
CHIEF FINANCIAL
OFFICER



**SAMANTHA
KENNEDY**
DEVELOPMENT &
COMMUNICATIONS
MANAGER



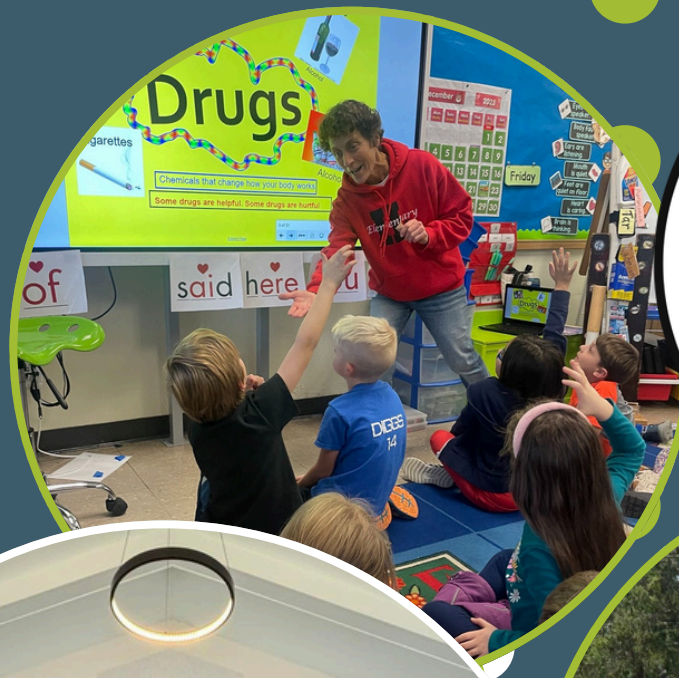
**MARY
ELIZABETH
LADUCA**
CHIEF OPERATING OFFICER



**DARNELL
RHODES**
DIRECTOR OF REENTRY &
HOUSING SERVICES



**KATE
WELCH**
OUTPATIENT ASSISTANT
DIRECTOR



Main Line: 585-467-2230
72 Hinchey Rd.
Rochester, NY 14624
www.delphirise.org